

# ASIS MASSAGE EDUCATION

701 S. BROADWAY, CLARKDALE, AZ 86324

## CONNECTIVE TISSUE TECHNIQUES FOR THE PELVIS & SPINE

APRIL 7TH & 8TH

MOST NECK AND BACK PAIN IS DUE TO  
IMBALANCES FOUND IN THE PELVIC GIRDLE

### This workshop will:

- Discuss common dysfunctional postural patterns of the pelvic girdle that are the cause of recurring pain and dysfunction.

- Develop your skills and hands-on techniques for addressing pain and discomfort in the pelvis and spine

\* Discuss the relationships between legs, pelvic girdle and spine which cause specific dysfunctions in the pelvis and spine



**Layna Cirelli BA. LMT.** is a Certified KMI Structural Integrator, Myofascial Therapist and Movement Educator. She has been in private practice since receiving her Certificate in Therapeutic Massage from the Massage Institute of New England, Cambridge, Massachusetts in 1995, specializing in Structural Integration and Deep Tissue Myofascial Techniques. Layna received her Certificate in Kinesis Myofascial Integration from Tom Myers, The Kinesis Institute. Layna has also undertaken additional training through The St. John Neuromuscular Institute, The Upledger Institute and Judith Aston Therapeutics. In addition, Layna has 30+ years of professional training in ballet, modern and contemporary dance, as well as a lifetime study of yoga, pilates and martial arts.

**Sunday 9am - 6pm**

**Cost: \$375 CEU's16**

Early registration available at \$350 if paid in full by March 7th



For more information or to Register

928-639-3455

or toll-free 866-334-3348

WWW.ASISMASSAGE.COM

