

# TRANSPERSONAL SOMATIC THERAPY

## Personal Growth & Professional Skills Trainings

**T**hese workshops are designed for all types of therapists and health care providers who share the common interest in deepening presence, compassion and skills in their work with themselves and with others. The learning format is highly experiential, drawing upon a wide variety of personal and group processes, specific use of touch therapies combined with meditative awareness and body centered therapy. These trainings provide a safe and effective style of work that support healing on all levels: relationship to the past, release from unhealthy patterns and habits, exploring higher levels of wellness and creativity and deeper access to essential Being. Level 2 builds on the foundation and transformation experienced from Level 1

**TST Methods** are easily integrated into professional practice.

**Dates :** November 5th, 6th & 7th, 2009

**Times :** Fri. 5 pm – 9:00 pm  
Sat. 9:00 am – 5:00 pm  
Sun. 9:00 am – 5:00 pm

**Cost :** \$250 if registered by Oct. 7th, \$295 after Oct. 7th

**Location :** ASIS Massage Education, Clarkdale, AZ

**Instructor :** Paul Linn MA, LMHC, LMT has been teaching massage therapies, awareness practices and psychospiritual approaches to growth for 31 years throughout the U.S. mainland and the Hawaiian Islands. He maintains a private psychotherapy practice in Gainesville, Florida and leads intensive insight meditation retreats. The evolving synthesis of touch, psychology and meditation that his work offers sets the stage for a delightful inquiry in healing, openness and new possibilities of freedom.



Please call 928-639-3455 to register