



ASIS Massage Education presents Synergistic Energy Medicine

Each healing practitioner has a unique tool kit comprised of all they have learned from their various teachers, modalities, studies, interests, and personal life experiences.

- ◆ Biodynamic Craniosacral Therapy
- ◆ Polarity Therapy
- ◆ Trauma Resolution

A two-level course with Neil Pinholster, RCST

Level 1 ~ March 23rd 24th and 25th, 2012

Friday 5 to 9 pm, Saturday 9am to 6pm & Sunday 9 am to 5 pm
at ASIS Massage School, 115 S McCormick Street, Prescott, AZ 86303

This hands-on course will teach a basic understanding of Biodynamic Craniosacral Therapy, Polarity Therapy, and Trauma Resolution and how these healing systems can be used in synthesis in your clinical practice to facilitate a greater and more profound healing experience for your clients.

Level 1 will focus on contact, through Biodynamic Craniosacral Therapy, with the deeper forces at work within the human systems. These tides of consciousness, accessed through stillness, carry the self-healing and self-correcting potency of the Breath of Life. Polarity Therapy describes and works with levels of energy, from gross to subtle, and their relationships to one another as they step down from the Primary Respiratory energy of the Breath of Life. You will learn to understand and access these energy potentials and use them to facilitate the "inherent treatment plan" always available for healing. You will also learn tools that will allow you to confidently work with traumatic and emotional content in a safe, contained and non-cathartic way using principles from Peter Levine's Somatic Experiencing work and Jon Kabat Zinn's Mindfulness-Based Stress Reduction program. You will be taught Neil's unique understanding of the relationship between these powerful healing systems and how, by using them in synthesis, you can facilitate a greater and more profound healing experience for your clients. Dates and content for Level 2 will be discussed in class.

Neil Pinholster, RCST, has been a bodywork therapist for 35 years. He studied and subsequently taught at The Polarity Health Institute in the 1970s and '80s. His many years of study have included advanced work with the Upledger Institute, the International School for Biodynamic Craniosacral Therapy, and Dr. Peter Levine's Somatic Experiencing Program for Trauma Resolution. Neil's extensive experience as a student, practitioner, and teacher make his classes a unique and transformative experience.



18 CE Contact Hours ◆ Cost \$300

Early registration \$250 if paid in full by February 23rd

For more information or to register call 928-639-3455 or toll free 866-334-3348

